

Personal Gear			
Need	Have	Loaded	Items
			Dry Bag
			Tent w/ Rain Fly
			Ground Cloth/Tarp
			Sleeping Bag
			Sleeping Bag Liner/Sheet
			Pillow
			Sleeping Pad
			Cot
			Extra Clothing
			Hat
			Foul-weather Gear
			Personal Hygiene Items
			Headlamp/Flashlight
			Extra Batteries
			Towel
			Washcloth
			Eating Utensils
			Bowl/Plate
			Coffee Cup
			Water Bottle
			Sunscreen
			Lip Balm
			Sunglasses
			Retainers for Eyeglasses
			Spare Prescription Glasses, Contacts
			Medicines
			Camera & Waterproof Case
			Film and Batteries for Camera
			Binoculars
			Knife
			Whistle
			Carabiners
			Medical Kit
			Mesh Bags
			Notebook/Trip Journal
			Toilet Paper
			Hand Sanitizer
			Bug Repellent