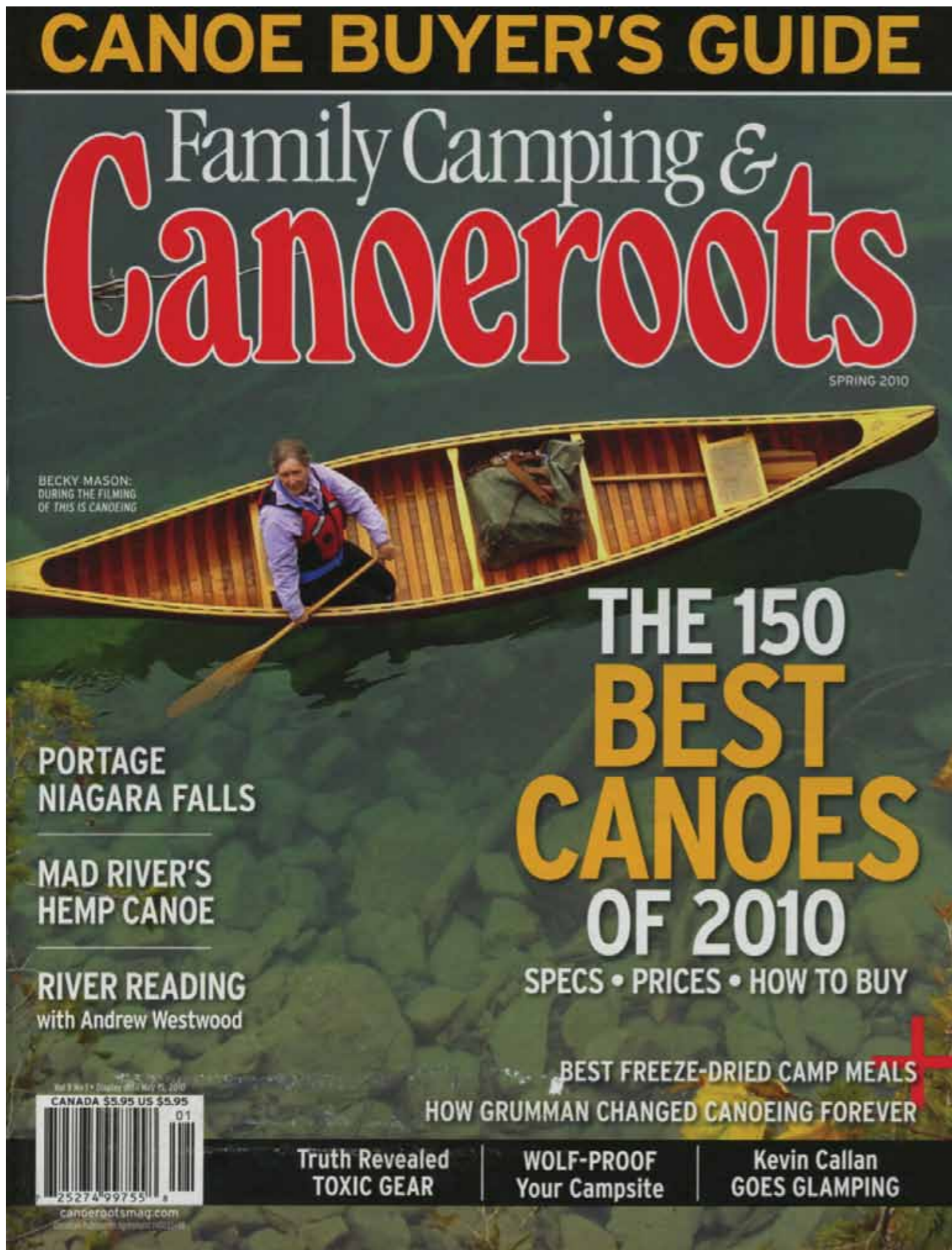


Spring 2010 Canoeroots Magazine

Featuring NRS Canoe Center Float & Canoe 3-D End Float bags.



Polyvinyl Chloride (PVC)

FOUND IN: Vinyl (number three plastic) dry bags and vinyl canoe float bags.

HEALTH RISKS: PVC products leach phthalates, chemical additives that are hormone disruptors and can cause male reproductive birth defects.

5] DETOX WITH: NRS Canoe Center Float and Canoe 3-D End Float bags are a must-have for big water enthusiasts. Built from durable polyurethane-coated denier nylon, these PVC-free float bags allow you to breathe easier, knowing that no harmful dioxins were produced during manufacturing.

\$40-\$120 US
nrsweb.com

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[IN THE PACK]

Detox Your Pack

THE SCARY TRUTH ABOUT CHEMICALS IN YOUR CAMPING GEAR

Rick Smith and Bruce Lourie, authors of the recent bestseller *Slow Death by Rubber Duck*, examined how the toxic chemistry of everyday products in our homes and workplaces affects our health and the environment. After reading the book, I asked myself, "So, what's in my own camping gear?" Here's what I found out. —SP

Brominated Flame Retardants (BFRs)

FOUND IN: Chemically treated flame resistant clothing and tents.

HEALTH RISKS: Possible long-term consequences include cancer, reproductive and developmental disorders.

1] DETOX WITH: Icebreaker's clothing line of base layers and mid layers are naturally fire resistant and BFR-free. The merino wool fibres are soft, odour-resistant and control moisture in any climate. From warmer Olympia Zips to lightweight Superfine Tech Tees, Icebreaker has you covered.
 \$85-\$140 CDN
icebreaker.com

4] DETOX WITH: MSR's Alpine 4 Pot Set is ideal for family or group canoe camping. The one-, two- and three-litre stackable stainless steel pot combo is the ultimate in durability and food safety.
 \$70 US
cascadedesigns.com

Bisphenol A (BPA)

FOUND IN: Polycarbonate (number seven plastic) waterbottles, camping plates, mugs and cutlery.

HEALTH RISKS: BPA is a hormone disruptor linked to prostate and breast cancer, reproductive damage and birth defects.

2] DETOX WITH: To-Go Ware bamboo utensil kit, which includes a fork, spoon, knife and chopsticks. The sustainably harvested bamboo is strong, light, stain-resistant and is polished with safe natural oils for extra durability.
 \$12-\$55 US
to-goware.com

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N,N-diethyl-meta-toluamide (DEET)

FOUND IN: Insect repellent containing DEET.

HEALTH RISKS: DEET is a possible gastrointestinal, liver, respiratory and reproductive toxin.

3] DETOX WITH: BugBand's natural insect repellents use traditional wisdom to outwit pesky mosquitoes, flies, fire ants, ticks and no-see-ums. The formula is derived from geranium oil to create a safe and effective DEET-free product line for the entire family, which includes pump sprays and glow-in-the-dark wristbands.
 \$6 US
bugband.net

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Perfluorinated Chemicals (PFCs)

FOUND IN: Non-stick camping pots and some waterproof jackets.

HEALTH RISKS: PFCs are hormone disruptors and may cause cancer.

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